



## The Connection Practice

Presented by Sharon Abreu and Michael Hurwicz  
Certified Connection Practice Trainers

Register at: <http://connectionpracticecoach.com/registration>

### Connection amid conflict and chaos? Impossible, you say?

Our current political situation is generating so much fear, anger, conflict and chaos, that it can shatter our ability to connect with other people in a positive, empathic way -- especially those we disagree with. Yet the only way we can move forward is by having these conversations. For the past four years, Sharon and Michael have been learning and teaching techniques to help overcome barriers to communication and increase rapport, even in difficult situations, or with "difficult" people!

Join us for a three-hour workshop in which you'll learn The Connection Practice and then put it into action! The Connection Practice is a powerful tool that can help us:

- Increase rapport and deepen connections
- Prevent or resolve conflicts in a way that brings people closer
- Access our best intelligence for both challenges and celebrations
- Attain emotional balance, even in times of turmoil and stress

**Sunday, March 26  
12:30 - 3:30 pm**

**Episcopal Parish Hall  
242 Main St.  
Eastsound WA 98245**

**Sliding Scale \$10 - \$25  
Registration Required  
by March 23**

For more about The Connection Practice, visit [www.rasurinternational.org](http://www.rasurinternational.org)

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